

**Adam J. Locketz**  
MD, DABPMR, CLCP

## **BIOGRAPHY**

**Dr. Adam J. Locketz** is a Physical Medicine & Rehabilitation specialist with a subspecialty in Pain Medicine who has practiced medicine in Minnesota since 2006.

Dr. Locketz is a licensed physician in the States of Minnesota and Wisconsin. He is credentialed by the Minnesota State Medical Board and the American Board of Physical Medicine & Rehabilitation. Dr. Locketz is also a Certified Life Care Planner, as designated by the International Commission on Health Care Certification.

Dr. Locketz's professional career includes numerous medical directorships, committee memberships and affiliations. He is a Diplomate with the American Board of Physical Medicine & Rehabilitation.

Dr. Locketz's professional associations include American Academy of Physical Medicine and Rehabilitation, American Society of Interventional Pain Physicians, and the North American Neuromodulation Society.

Dr. Locketz earned a Doctor of Medicine from the University of Minnesota Medical School and a Bachelor of Science from the University of Wisconsin.

In addition to receiving numerous professional and academic awards, Dr. Locketz is also publisher and presenter on topics of Physical Medicine & Rehabilitation.

 **Physician Life Care Planning**  
America's Leading Life Care Planner

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San Antonio, Texas 78230  
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email: [info@PhysicianLCP.com](mailto:info@PhysicianLCP.com)

## **CURRICULUM VITAE**

### **SPECIALTIES**

- Physical Medicine & Rehabilitation (Board Certified)
- Pain Medicine (Subspecialty)
- Veteran's Administration Disability and Pension Rating (Certified)
- United States Medical Licensing Examination: USMLE Step I, II, III (Board Certified)
- American Board of Physical Medicine and Rehabilitation: Part I and II (Board Certified)
- Certified Life Care Planner (CLCP)

### **EDUCATIONAL BACKGROUND**

University of Minnesota Medical School  
Minneapolis, Minnesota  
Degree: Doctor of Medicine  
Awarded: 2001

University of Minnesota  
Minneapolis, Minnesota  
Post-Baccalaureate Program  
1995

University of Wisconsin  
Madison, Wisconsin  
Degree: Bachelor of Science  
Awarded: 1995

### **POST GRADUATE TRAINING**

Mayo Clinic College of Medicine  
Rochester, Minnesota  
Fellowship, Pain Medicine  
2005 - 2006

Mayo Clinic College of Medicine  
Rochester, Minnesota  
Residency, Physical Medicine and Rehabilitation  
2002 - 2005

Mayo Clinic College of Medicine  
Rochester, Minnesota  
Internship, Internal Medicine  
2001 - 2002

### **ACCREDITATIONS**

International Commission on Health Care Certification  
Certified Life Care Planner (CLCP)  
Status: Active  
Issued: 2018

Wisconsin Board of Medicine  
License Number: 46755-20  
Status: Active  
Issued: 2004



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**CURRICULUM VITAE**

**ACCREDITATIONS (CONTINUED)**

Florida Board of Medicine  
License Number: ME0091560  
Status: Inactive  
Issued: 2004

Minnesota Board of Medicine  
License Number: 44760  
Status: Active  
Issued: 2002

**PROFESSIONAL APPOINTMENTS**

Physician Life Care Planning  
Associate Physician  
San Antonio, Texas  
2016 - Present

TimeWise Medical  
Physician  
Lake Elmo, Minnesota  
2015 - Present

Pain Relief & Wellness of Minnesota  
Physician  
White Bear Lake, Minnesota  
2010 - 2014

North Memorial NeuroRehabilitation  
Physician  
Minneapolis, Minnesota  
2012 - Present

Centennial Lakes ASC  
Physician  
Edina, Minnesota  
2012

HealthEast Care System  
Medical Director, Spine Care  
St. Paul, Minnesota  
2011 - 2012

Physicians Group, LLC (Locums)  
Physician  
Minneapolis, Minnesota  
2009 - 2011

Midwest Spine Institute  
Physician  
Stillwater, Minnesota  
2008 - 2010

**CURRICULUM VITAE**

**PROFESSIONAL APPOINTMENTS  
(CONTINUED)**

Fairview Health System  
Physician  
Minneapolis, Minnesota  
2008

HealthEast Care System  
Physician  
St. Paul, Minnesota  
2008

Allina Care System  
Physician  
St. Paul, Minnesota  
2008

HealthPartners Care System  
Physician  
St. Paul, Minnesota  
2006

**HONORS & AWARDS**

2nd Meeting of the American Pain Society and Canadian Pain Society  
Resident Pain Management Course  
Beth Israel/Long Island Jewish Scholarship  
Awarded: 2004

Mayo Medical School  
Excellence in Teaching Recognition  
Awarded: 2004

University of Minnesota Medicine School  
Nathan Bronstein/Irving Lifson Scholarship for Academic Achievement  
Awarded: 1998

University of Wisconsin  
Candidate for Scholastic Distinction (Upper Quartile)  
Sophomore Honors (1 Year Degree Completion)  
Awarded: 1995

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## **CHAIRMANSHIPS, BOARD MEMBERSHIPS & EXECUTIVE APPOINTMENTS**

HealthEast Care System  
Medical Director, Spine Care Program  
2011 - 2012

Spine Care Clinical Quality Council  
Board Member HealthEast  
2011 - 2012

Institute for Clinical Systems Improvement (ICSI)  
Low Back Pain Baskets of Care Project Work Group  
2009 - Present

Institute for Clinical Systems Improvement  
Low Back Pain Guideline Committee  
2008 - Present

Blue Cross Blue Shield Minnesota  
Consultant, Claims Review Services  
2008 - Present

Mayo Clinic College of Medicine  
Instructor, Physical Medicine & Rehabilitation  
2006

Sports Medicine Center  
Medical Staff Volunteer, Physical Medicine & Rehabilitation  
2003 - 2006

**CURRICULUM VITAE**

**PROFESSIONAL ASSOCIATIONS**

- American Academy of Pain Medicine (AAPM)
- American Academy of Physical Medicine and Rehabilitation (AAPMR)
- International Association for the Study of Pain (ASP)
- American Society of Interventional Pain Physicians (ASIPP)
- American Society of Regional Anesthesia and Pain Medicine (ASRA)
- International Spine Intervention Society (ISIS)
- Mayo Medical Alumni Association
- The Mayo Fellows' Association
- Minnesota Medical Association
- North American Neuromodulation Society
- National Junior College Athletic Association National Wrestling Championships
- Association of American Medical Colleges

**ACADEMIC APPOINTMENTS AND INSTRUCTIONAL/TEACHING ENGAGEMENTS**

Mainstay Medical  
Consultant, Anatomy Workshop  
Fridley, Minnesota  
2013

Boston Scientific - Advanced Bionics  
Proctor for Physician Workshop, Spinal Cord Stimulation  
Chicago, Illinois  
2012

Iowa City Ambulatory Surgery Center  
Proctor for Physician, Spinal Cord Stimulator Lead Placement  
Iowa City, Iowa  
2009

**CURRICULUM VITAE**

**ACADEMIC APPOINTMENTS AND  
INSTRUCTIONAL/TEACHING ENGAGEMENTS  
(CONTINUED)**

HealthPartners Como Family Practice Clinic  
Formal Teaching, Pain Management Update  
St. Paul, Minnesota  
2006

HealthPartners Specialty Center  
Formal Teaching, Pain Management in Special Populations: Orthopedic  
Patients  
St. Paul, Minnesota  
2006

Gillette Lifetime Specialty Healthcare  
Formal Teaching, Pain Management in Special Populations: Cerebral  
Palsy  
St. Paul, Minnesota  
2006

Regions Hospital Medicine Grand Rounds  
Formal Teaching, Improving Communication Between Pain Specialists and  
Primary Care  
St. Paul, Minnesota  
2006

Mayo Clinic - PM&R Resident Workshop  
Formal Teaching, Safe Use of Epidural Steroid Injection  
Rochester, Minnesota  
2006

Mayo Clinic - Anesthesia Pain Medicine Conference  
Formal Teaching, Emerging Application in Neuromodulation Therapy  
Rochester, Minnesota  
2006

Mayo Clinic - General Surgery Clinical Conference  
Formal Teaching, Acute Pain Management  
Rochester, Minnesota  
2005

Mayo Clinic - Pain Medicine Clinical Conference  
Formal Teaching, Morbidity and Mortality in Cancer Pain Case Review  
Rochester, Minnesota  
2005

Mayo Clinic - Pain Medicine Clinical Conference  
Formal Teaching, Complex Regional Pain Syndrome: Case and Literature  
Review  
Rochester, Minnesota  
2005

**CURRICULUM VITAE**

**ACADEMIC APPOINTMENTS AND  
INSTRUCTIONAL/TEACHING ENGAGEMENTS  
(CONTINUED)**

Mayo Clinic - Physical Medicine and Rehabilitation Research Conference  
Formal Teaching, Saphenous Nerve Conduction Studies in Suspected L4  
Radiculopathies, Friend or Foe?: Case Report  
Rochester, Minnesota  
2005

Mayo Clinic - Pain Medicine Clinical Conference  
Formal Teaching, Botulinum Toxin Use for Pain Problems  
Rochester, Minnesota  
2004

Mayo Clinic - Neurology Department Clinical Conference  
Formal Teaching, Electrodiagnostic Findings in Sciatic Neuropathies  
Rochester, Minnesota  
2004

Mayo Clinic - Neurology Department Clinical Conference  
Formal Teaching, Use of the Saphenous Nerve Conduction Study in  
Assessing L4 Radiculopathies  
Rochester, Minnesota  
2004

Mayo Clinic - Vascular Thoracic Department Clinical Conference  
Formal Teaching, Vascular Thoracic Outlet Syndrome  
Rochester, Minnesota  
2003

Mayo Clinic - Physical Medicine and Rehabilitation Department  
Formal Teaching, Degenerative Intervertebral Disc Disease  
Scottsdale, Arizona  
2003

Mayo Clinic - Physical Medicine and Rehabilitation Clinical Conference  
Formal Teaching, Non-Operative Management of Lumbar and  
Cervical Radiculopathies  
Rochester, Minnesota  
2003

Mayo Clinic - Sports Medicine Department Clinical Conference  
Formal Teaching, Vascular Injuries in Overhead Athletes  
Rochester, Minnesota  
2002

Mayo Clinic - Internal Medicine Morning Report  
Formal Teaching, PM&R Approach to Low Back Pain  
Rochester, Minnesota  
2002



**CURRICULUM VITAE**

**ACADEMIC APPOINTMENTS AND  
INSTRUCTIONAL/TEACHING ENGAGEMENTS  
(CONTINUED)**

Mayo Clinic - Morbidity and Mortality Conference  
Formal Teaching, Subacute Bacterial Endocarditis in a Patient with  
Systemic Lupus: Case Presentation  
Rochester, Minnesota  
2002

Mayo Clinic - Internal Medicine Department Conference  
Formal Teaching, Occlusion of the Posterior Circumflex Humeral Artery In  
an Elite Female Athlete: Case Presentation  
Rochester, Minnesota  
2002

Mayo Clinic - Rheumatology Department Conference  
Formal Teaching, Diagnosis and Management of Rheumatoid Lung  
Disease  
Rochester, Minnesota  
2002

Mayo Clinic - Wine and Cheese Journal Club  
Formal Teaching, Mucomyst Usage in Clinical Practice and the Wines of  
Southern Australia - Critical Review  
Rochester, Minnesota  
2001

Mayo Clinic - Morbidity and Mortality Conference  
Formal Teaching, Ruptured Abdominal Aortic Aneurysm Bordering Chronic  
Myeloid Leukemia  
Rochester, Minnesota  
2001

**PUBLICATIONS**

- Locketz AJ, New Hope for Managing Painful Diabetic Peripheral Neuropathy. MD News January 2009
- Locketz AJ, The Importance of Rehabilitation after Spinal Surgery. MD News September 2008
- Weingarten TN, Watson JC, Hooten WM, Wollan PC, Melton LJ 3rd, Locketz AJ, Wong GY, Yawn BP. Validation of the S-LANSS in the community setting. Pain. 2007 Nov 132(1-2):189-94. Epub 2007 Sep 14.
- Hurdle, MF, Locketz, AJ, Smith, J, A technique for ultrasound-guided intrathecal drug-delivery system refills. Am J Phys Med Rehabil. 2007 Mar;86(3):250-1.

**CURRICULUM VITAE**

**PUBLICATIONS (CONTINUED)**

- Rivera JM, Locketz AJ, et. al. Broken Heart Syndrome After Separation (From OxyContin). Mayo Clinic Proceedings 2006 June 81(6):825-828
- Mayo Clinic Scientific Press; 2006:875-894
- After Thyroid Replacement Therapy. American Journal of Physical Medicine and Rehabilitation 2006
- Locketz AJ, Rohe DE, Bergquist TF, Neurocognitive Recovery from Hypothyroid Dementia
- Locketz A.J., Rivera J.M., Kinney M.A., Broken Heart Syndrome Following Acute Withdrawal of Opioid Therapy in the Perioperative Setting. The Journal of Pain 2006 April; 7(4 Suppl 2); S59
- Locketz AJ. Saphenous Nerve Conduction Studies in Suspected L4 Radiculopathies: Friend or foe? Arch Phys Med Rehabil 2005 Sept; 85 (9):e2.
- Martinez M.W., Locketz, A.J., Ebbert J.O., Section IV: Therapy: Procedures, In: Olivera H.M., Nesbit G.C., Murphy J.G., eds, Mayo Clinic Medical Manual, 1<sup>st</sup> ed. Rochester, MN:
- Thompson MA, Harker-Murray A, Locketz AJ, Chareonthaitawee P. Myocardial lymphoma presenting as atrial flutter. Journal of Clinical Oncology 2004 Feb 1; 22(3):558-60.
- Amateur Journal of Physical Medicine and Rehabilitation, Reviewer 2004.
- Locketz AJ. Physiatrist's role in primary prevention with exercise. PM&R Resident. 2003 Apr.
- Locketz AJ, Newcomer K. Mission Possible. Minnesota Medicine. 2003 May; 86(5):18-20.
- Locketz AJ, Dahm DL, McIntosh A. Shoulder injury: Volleyball. Medicine & Science in Sports & Exercise 2003; 35(5 Suppl):S113.
- Locketz AJ, Sinaki M. Randomized Controlled Trial of Strengthening Exercise on the Clinical Course of Amyotrophic Lateral Sclerosis. Am J Phys Med Rehabil 2003; 81:551.
- Locketz AJ, Yang R. Persistent Symptoms of Rotator Cuff Arthropathy: A Case Report and Review of the Literature. Am J Phys Med Rehabil 2003 Mar; 82(3):249-50.

## **CURRICULUM VITAE**

### **PRESENTATIONS**

- Medical Cannabis—Perspective for Life Care Planners, AAPLCP Annual Assembly, San Antonio, Texas; 04/2019
- Proctor for Physician Workshop Spinal Cord Stimulator Cadaver Course -Rehabilitation Institute of Chicago; Chicago, IL; 01/2009
- Introduction to Interventional Pain Management for Spine Related Problems – Metro Rehab Meeting, VA Minneapolis, MN; 09/2008
- Current Diagnosis and Treatment Options for Complex Regional Pain Syndrome Minnesota Rehabilitation Association Great Plains Regional Conference; St. Cloud, Minnesota; 10/2007
- Proctor for Physician Workshop Spinal Cord Stimulator Cadaver Course; Boston Scientific—Advanced Bionics; Fridley, Minnesota; 08/2007
- Strategies for Reducing Pain, Maximizing Function, and Helping Difficult Patients Westfield Community Hospital; New Richmond, WI; 05/2007
- Strategies for Decreasing Pain; HealthPartners Caring for People with Chronic Pain Conference; Bloomington, Minnesota; 05/2007
- Proctor for Physician Workshop Spinal Cord Stimulator Cadaver Course; Boston Scientific—Advanced Bionics, Fridley, Minnesota; 04/2007
- Validation Study of the Self-Administered Leeds; Assessment of Neuropathic Symptoms and Signs by Mailed Survey in a Community Setting 23 Annual Scientific Meeting of the American Academy of Pain Medicine; New Orleans, Louisiana, Poster Presentation; 02/2007
- Validation Study of the Self-Administered Leeds Assessment of Neuropathic Symptoms and Signs Scale by Telephone Interview in a Community Setting; 23 Annual Scientific Meeting of the American Academy of Pain Medicine; New Orleans, Louisiana, Poster Presentation; 02/2007
- Broken Heart Syndrome Following Acute Withdrawal of Opioid Therapy in the Perioperative setting; 25 Annual Scientific Meeting of the American Pain Society; San Antonio, Texas; 05/2006
- Neurocognitive Recovery From Hypothyroid Dementia After Thyroid Replacement Therapy: Case Report and Literature Review; 25th Annual Conference of the National Academy of Neuropsychology; Tampa, Florida; 10/2005
- Saphenous Nerve Conduction Studies in Suspected L4 Radiculopathies, Friend or Foe? Case Report and Literature Review; 65th annual American Academy of Physical Medicine and Rehabilitation Review; 10/2004

## **CURRICULUM VITAE**

### **PRESENTATIONS (CONTINUED)**

- Acupuncture in the Management of Failed Back Syndrome; 16th annual American Academy of Medical Acupuncture Meeting; Chicago, Illinois: Poster Presentation; 04/2004
- Persistent Symptoms of Rotator Cuff Arthropathy: A Case Report and Review of the Literature; Association of Academic Physiatrists 39th Annual Meeting; Ft. Lauderdale, Florida; 03/2003
- Botox-Past to Present; University of Utah 19th Annual PM&R Update Park City, Utah; 02/2003
- Thoracic Outlet Syndrome in an Elite Female Athlete; University of Utah 19th Annual PM&R Update Park City, Utah; 02/2003
- Randomized Controlled Trial of Strengthening Exercise on the Clinical Course of Amyotrophic Lateral Sclerosis; Association of Academic Physiatrists 38th Annual Meeting; Las Vegas, Nevada; 03/2002
- Right Atrial Mass Presenting as Cardiac Lymphoma; The Minnesota - ACP Minneapolis, Minnesota Thompson, M, Locketz, AJ, et. al.; 11/2001
- Abdominal Aortic Aneurysm Bordering a Chronic Lymphocytic Leukemia; The Minnesota - American College of Physicians Annual Meeting; Minneapolis, Minnesota Locketz, AJ, Fonseca, R.; Finalist Presenter (Poster Competition Finalist); 11/2001

### **CAREER DEVELOPMENT**

- International Spine Intervention Society, Radiofrequency Procedures Bio-Skills Lab: Orlando, Florida; 03/2009
- International Spine Intervention Society Discography Procedures Bio-Skills Lab: Henderson, Nevada; 10/2008
- Mechanisms of Neuropathic Pain Sponsor: Rochester School of Medicine and Dentistry: San Francisco, CA; 11/2005
- Association of American Medical Colleges (AAMC-ORR) Annual Meeting: Boston, Massachusetts; 11/2004
- Association of American Medical Colleges (AAMC-ORR) Professional Development Conference: Santa Monica, California; 03/2004
- Association of American Medical Colleges (AAMC-ORR) Annual Meeting: Washington, District of Columbia; 11/2003
- Spine Care Through the Eyes of Evidence Based Medicine Association of Academic Physiatrists Annual Meeting: Ft. Lauderdale, Florida; 03/2003
- Teaching Skills for Musculoskeletal Education, Association of Academic Physiatrists, Annual Meeting: Henderson, Nevada; 02/2002